The ancient city of Ibadan is making final preparations in readiness to host the next OSN congress which is the 39th Annual General Meeting and Scientific Conference of the Ophthalmological Society of Nigeria.

The congress holds between the 26th and 29th of August, 2014 at the prestigious Premier Hotel, Mokola Hill, Ibadan.

The theme of the conference is Universal Eye Health.

Subspecialty meetings are scheduled to hold on Tuesday 26th of August while main congress would feature named lectures, scientific sessions, sponsored symposia as well breakfast sessions.

Other highlights of the congress would include the Dinner and Award Night and Induction ceremony for new members.

Participants would also get a special opportunity to observe the exhibition of products and services by various companies during the congress.

The Local Organizing committee chaired by Dr B.G.K. Ajayi cordially invites all ophthalmologists and ophthalmologists-in-training to participate in the congress.

Members are encouraged to take advantage of this unique opportunity of continuing professional education and development.

Intending participants, accompanying guests and exhibitors are expected to register online at the Society’s website: www.osnig.org

The program of events for the conference would be published in due course and would be available online.

Ibadan, the city set on seven hills
It is with a heavy heart that we announce the passing away of Dr. Ayodeji Ayo-Bello on 31st July, 2014. Until his death, he was the Chairman of OSN foundation. He served the Society with diligence in various capacities. He was the LOC Chairman for the 2003 Conference at Ilorin which was a landmark conference as it became the benchmark for subsequent conferences. He was a keen sportsman and a very good sports administrator. He held many positions at the State and National level of Football administration.

He was the founder and Medical Director of Ayo Bello Memorial Hospital, Ilorin. His practice gave succor to a lot of people in Ilorin and its environs. He is survived by his wife, Dr (Mrs) Yetunde Ayo Bello and 4 children.

Funeral arrangements are as follows: Wake keeping: 4-7pm, 14/08/2014 at Ilorin Stadium Lying in state: 9-11am, 15/08/2014 at Ilorin Stadium Funeral service: 11am 15/08/2014 at Ilorin Stadium Reception follows immediately at same venue. Interment at Ayo Bello Memorial Hospital, Ilorin.

A condolence register has been opened on the Society's website: http://osnig.org/blog/ Members are requested to visit the page.
NEWS FROM OSN ZONES AND CHAPTERS

NORTH EAST ZONE
Operation Jonathan Restore Sight Eye Camp Report:
The eye camp/surgeries held in January between the 6th and 10th at the Main Car Park in Abubakar Tafawa Balewa University (ATBU) Teaching Hospital, Bauchi. Publicity for the programme was on Radio and TV stations in the locality. Members of the hospital administration, the press, patients and well wishers from the public were in attendance. Dr Abdull Mahdi was the Ophthalmologist in charge.

More than 3000 patients were seen at the screening points. A total of 500 operable, non complicated cataracts cases were selected for surgery. The remaining patients were treated for various eye conditions.

A total of 461 surgeries were done between the 7th and 10th of January with fairly good postoperative outcomes. There was an outpouring of gratitude from the public afterwards.

DR ABDULL M MAHDI (NORTH EAST ZONE COORDINATOR)

Some of the pictures taken during the screening and surgery phases of the Operation Jonathan Restore Sight Eye Camp.

ABUJA ZONE

The OSN Abuja zone holds her quarterly Continue Medical Education (CME) and meetings at the OSN House. This has been highly successful with good attendance and resource persons cutting across various disciplines in Medicine, outside of Medicine and various subspecialties in Ophthalmology from within and outside Abuja.

For over one and a half years now, the chapter has championed many special programmes and some international days in collaboration with allied professionals and some with the Federal Ministry of Health.

The zone planned and executed the last Faculty of Ophthalmology Lecture. The Abuja Chapter constituted the LOC for the programme.

DR A.YOLOYE (ABUJA ZONE COORDINATOR)
NEWS FROM OSN ZONES AND CHAPTERS (CONTD.)

NORTH CENTRAL ZONE

The Plateau chapter of this Zone is the anchor and it has championed the course of eye care delivery in the Plateau and its
environs. The chapter has also over the years organized activities to mark and celebrate World Sight Day and some special
activities to mark the World Glaucoma day/week.

Partnership Programs:

1) Partnership with CAVSI/TY Danjuma Foundation.
   The chapter has provided comprehensive eye care to all the LGA’s in Taraba State.
   4 rounds of free Consultation and Treatments (Medical and Surgical) have been done between 2009 and 2013 (2009,
   2010/2011, 2011/2012, 2012/2013) with the summary below:
   Number of Consultations: 47,222; Cataract Surgeries done: 2,852; Other surgeries (bilamellar tarsal rotation, pterygium
   excision etc): 713.

2) Partnership with NLR (Netherlands Leprosy Relief) and the Balanga Local Government Area of Gombe State.
   The Plateau chapter of OSN has also carried out free cataract surgeries to indigent patients in this LG. Two sessions of
   screening and surgical camps were carried out with a total of 320 cataract surgeries performed between 2013 and 2014 in
   Balanga LG Area.

World Glaucoma Week 2014.
   This was observed in Plateau state mainly by eye care professionals in the Jos University Teaching Hospital (JUTH).
   The events of the week were preceded by creating awareness among the staff of the hospital. This was followed by health
   education of the hospital staff by Drs P.D. Wade and O.P. Odugbo in the eye clinic.
   Over 150 staff members of the hospital were screened for glaucoma. The above named Doctors also featured in a health
   program of the NTA Jos for public enlightenment on glaucoma.

PROF C. MPYET (NORTH CENTRAL ZONAL COORDINATOR)

SOUTH SOUTH ZONAL REPORT (DR FAITH.N.EJEGI, ZONAL COORDINATOR)

1. RIVERS/BAYELSA CHAPTER

World Glaucoma Week (WGW) 2014

The chapter celebrated the WGW by putting up banners at strategic parts of the States aimed at creating awareness about
the disease. Talk shows were also held on 2 Radio Stations to enlighten members of the public about glaucoma and the
need to go for screening.

The chapter is presently in the process of collaborating with the Rivers State Ministry of Health towards eradicating the
menace of quackery in the OPHTHALMOLOGICAL profession in Rivers State.

Officers in this chapter are listed below:

Chairman: Rev. (Dr) Alex Atamah-Peple
Secretary: Dr Nathaniel Godswill
PRO: Dr Ibeenmo Opubri.
Treasurer: Dr Amaka Okorie.

Vice-Chairman: Dr C.Pedro Egbe
Asst Sec: Dr Henry Ogbuehi
Fin Sec: Dr Fiebai Bassey

REV(DR) ALEX ATAMAH-PEPLE (Chapter Coordinator)

2. DELTA STATE CHAPTER

Meetings have been held quarterly on a rotational basis since the inception of the new set of executives elected into office
in December 2013.

CME PROVIDER

The chapter was given the CME provider right by the Faculty of Ophthalmology Post Graduate Medical College in January
2014. Continuing Medical Education (CME) is provided at every quarterly meeting in this chapter.

WORLD GLAUCOMA WEEK 2014

The following activities took place to commemorate the week in Delta State:

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NEWS FROM OSN ZONES AND CHAPTERS (CONTD.)

(a) A glaucoma talk at Delta Broadcasting Station (DBS) was held on Mon 10th March.
(b) Glaucoma screening of members of staff of Central Hospital, Warri on the 12th of March.
(c) Glaucoma screening exercise of the staff and members of Delta State House of Assembly, Asaba in which one hundred and thirty eight (138) persons were screened on the 13th of March.
(d) Television enlightenment phone-in program was held at DBS on the 13th of March. The second phase of the program was a glaucoma awareness talk to drivers and passengers at IbUSA junction, Asaba. A total of 500 handbills (donated by Pfizer specialties) were distributed to passers-by, drivers, passengers, and traders at the junction.

FUTURE PLANS FOR THE CHAPTER:

Training of patient counsellors: this is aimed at giving more time to the ophthalmologist to see patients and also creates more time to counsel patients on their disease, management and prognosis.

Building capacity for members especially for cataract and glaucoma services.

Celebration of the World Sight Day under the auspices of the Vision 2020 Action Group, a group comprising of Ophthalmologists, Optometrists, Ophthalmic Nurses and Dispensing Opticians.

DR GLORIA PATRICK FERIFE (Chapter Coordinator)

3. EDO STATE CHAPTER

The Edo State chapter of OSN was resuscitated in 2008 following the South South Zonal Workshop on Vision 2020 organized by the Federal Ministry of Health in Benin City.

Members of the executive committee are:

Chairperson: Prof. O.A. Dawodu
Vice Chairman: Dr Femi Obazee
Secretary: Dr Uhumwangho M.U
Asst Sec: Dr Olowolaiyemo
Fin. Sec: Dr Ese Onakehwor
PRO: Dr Rita Momoh.

The chapter has since then been able to mark yearly the World Glaucoma Day (WGD) and the World Sight Day (WSD) every March and October by carrying out various activities that would impart positively on the society and the community at large.

Highlights of the Activities /Programs

Glaucoma screening of all UBTH staff
Public enlightenment program on different Radio and Television stations at various times.
The chapter funded a 30 minute Radio health program on Radio Nigeria FM 101 for a quarter (13 weeks). It was a phone-in program on common eye problems and enlightening the public on the causes, prevention and/or treatment of such problems.

School Eye Health Program
Workshops organized for members of the Society on other important matters that are deemed relevant and beneficial to them. Two of such have been held: “Financial matters, taking a loan, portfolio management,” and “How to set up a private ophthalmological practice.”

The Edo North Zone was created in 2012 to reduce the frequent travel by members to Benin City. This zone has organized various enlightenment programs/outreaches in the last 2 years.

The Chairperson, Prof. O.A. Dawodu, was nominated as a member of the Edo State Prevention of Blindness Committee, while another member, Dr Caroline Bakare was appointed as the Secretary to the Committee (this was after a detailed briefing of the then Commissioner of Health on the anomaly of appointing optometrists into those positions and sidelining ophthalmologists in the process).

Organization of a workshop to enlighten University of Benin Teaching Hospital staff about glaucoma.
The chapter participated actively in the 80th birthday celebration of Emeritus Prof. J.O Ayanru. The celebration was preceded by a two day eye outreach (involving free eye examination, treatment of minor eye ailments and distribution of free glasses) at Uselu (his community).

Free eye screening of the members of staff of Radio Nigeria, Benin City.

PROF.O.A. DAWODU (Chapter Coordinator)
Intra-arterial chemotherapy effective for retinoblastoma
Investigators report their 5-year experience with intra-arterial chemotherapy (IAC) for retinoblastoma. Of 67 patients (70 eyes), globe salvage was achieved in 72% of 36 eyes treated with primary IAC and in 62% of 34 eyes treated with secondary IAC. Globe salvage rates were significantly higher in patients with tumors classified as group B, C and D, as compared with group E tumors. Eyes that required enucleation generally demonstrated extensive recurrence of subretinal or vitreous seeds. No patient experienced stroke, seizure, neurologic impairment or metastasis. Ophthalmology, July 2014

Healthy diet linked to lower rate of advanced AMD
Rather than concentrate on an individual food item, investigators evaluated the association of dietary patterns and AMD. Using data from a self-administered 121-item food frequency questionnaire, they showed that a diet high in fruits, vegetables, chicken, and nuts and low in red meat was associated with a lower prevalence of advanced AMD. No particular food pattern seemed to be associated with the prevalence of the earliest stages of AMD. Ophthalmology, July 2014

Visual field improvement in glaucoma is real
Using nine years of follow-up data from CIGTS, investigators evaluated the distribution of visual field (VF) change, focusing on those VF tests that demonstrated improvement from a carefully measured baseline. They found that a comparable percentage of participants showed substantial (≥3 dB) VF gains and losses over a 5-year period after treatment initiation. Additionally, VF gain was associated with measures of sound IOP control during treatment – such as lower mean IOP and lower minimum IOP, as well as percentages of IOP measures lower than 16 mm Hg – which is consistent with VF gains being a real effect. American Journal of Ophthalmology, July 2014

IOL injector should match corneal incision size
Using an experimental model for calculating induced stress on corneal incisions during intraocular lens implantation, researchers compared the nozzles of common injectors using two incision sizes, 2.4- or 2.2-mm. They showed major differences (greater than 38%) between the lowest and highest levels of induced stress when different injectors and different incision sizes were compared. They suggest that better surgical results may be achieved if surgeons match the injector with the incision size. If the surgeon prefers a specific injector system, the incision size should be matched to the size of the injector’s nozzle. American Journal of Ophthalmology, July 2014

Atropine, patching equally effective for moderate amblyopia
Investigators report visual acuity results of 15-year olds who were younger than age 7 when enrolled in a randomized, multicenter trial for moderate amblyopia. The 419 children were randomly assigned to patching (minimum of 6 hours per day) or atropine sulfate eyedrops, 1% (1 drop daily), for six months. Treatment after six months was at the discretion of the investigator. At 15, most children had good visual acuity, although mild residual amblyopia was common. Outcome was similar regardless of initial treatment, but those who were younger than 5 at enrollment had better visual acuity at age 15. JAMA Ophthalmology, July 2014

iPhone app can predict advanced AMD risk
Investigators developed and validated a simple algorithm – based on two prospective cohort studies, AREDS and the Blue Mountains Eye Study – to help clinicians predict a patient’s risk for progression to advanced AMD at different time points up to 10 years. The system allows eye-specific prediction and risk comparison between eyes from the same or different individuals. An application for the iPhone and iPad was developed as a practical tool for screening at-risk patients, which demonstrated satisfactory accuracy and generalizability. Ophthalmology, July 2014

Intravitreal injection technique may cause sustained IOP elevation
A survey of 292 retina specialists was conducted to determine the intravitreal anti-VEGF injection techniques and preferences within the retinal community, and to conduct statistical analysis to generate candidate risk factors for the development of sustained IOP elevation that could be investigated further in future studies. The most robust statistical finding was that a high-volume, fast injection technique may lead to persistent IOP elevation. The underlying mechanism of this relationship may be attributable to high-velocity drug flow and transient IOP spikes causing injury to the trabecular meshwork. American Journal of Ophthalmology, August 2014